

## Spring Info Night – 2019

Thank you for being here this evening! It is our priority to have everyone on board in the effort to develop great young men and produce an elite football program. Our goal is for you to leave this evening informed and aware of how to best take advantage of, and contribute to what our program has to offer. Go Jackets!!!

### Agenda

- ★ Program Philosophy
- ★ Booster club and how you can be involved
- ★ Important Spring Dates
- ★ Recruiting
- ★ Sports Medicine Team
- ★ SAHS Football Summer Camp
- ★ Nutrition Tips for maximal performance

### Mission Statement:

St. Augustine High School Football will train players and coaches to *PURSUE EXCELLENCE* in all facets of their lives.

### Vision:

Our Program's Goals Are Simple:

1. Enrich the whole high school experience of every young man in our program. (4 for 40).
2. Compete at the highest level attainable on a consistent basis. We want to win big and to do so with integrity.
3. Connect our team, school, and community by developing young men worthy of being respected and followed.

***We work to be the best public high school football program in the state of Florida. We aspire to be the program that everyone most wants to be, but least wants to play.***

### Core Beliefs:

1. Our responses will be deliberate acts of discipline.
2. We must own our actions.
3. We will compete with uncommon effort, enthusiasm, and physicality.

### **Important Dates:**

March 29<sup>th</sup> and 30<sup>th</sup> – 5<sup>th</sup> annual fishing tournament

- ★ Saturday, April 20<sup>th</sup> – Sports Physicals (AM Bus)
- ★ April 22<sup>nd</sup>: First day of Spring Practice
- ★ 4/30, 5/2, 5/7, 5/9 - 8<sup>th</sup> grade Spring Practice, 2:30 – 4:30
- ★ May 16<sup>th</sup>: Spring game vs. Mainland/Mandarin (7 PM)
- ★ June 3<sup>rd</sup>: Summer workouts begin (see calendar)
- ★ July 29<sup>th</sup>: First official day of “fall football” practice
- ★ August 3<sup>rd</sup>: “Meet the Jackets”

### **What does my child need for football?:**

- ★ Your support and encouragement to have the commitment and toughness to attack Spring Practice
- ★ \$50 participation fee prior to Spring Practice (returners)
- ★ A 5-pad girdle and cleats
- ★ Sports Physical – Date TBA
- ★ Summer Camp Fee the week of June 3<sup>rd</sup> (\$75)

**Online School Pay will be available**